

April 2015 CMSA Newsletter



CMSA Madison Area Chapter
Case Management Society of America, Madison Area Chapter
CMSA – a non-profit multi-disciplinary society of health care professionals engaged in case management.

Thursday April 23rd – 2015

Topic: Pectus Excavatum: Chest Wall Deformities

Speaker: Charles Leys, MD; Pediatric General Surgery; Pediatric Chest Wall Deformities Clinic; Director of Pediatric minimally-invasive surgery at American Family Children's Hospital

Time: ✓ Check-in at 5:00 PM ✓ Dinner at 5:30 PM and Program follows

Sponsored by: University of Wisconsin Hospital and Clinics
1.5 CEU applied for.

Please register on the website by Sunday April 19, 2015

Online registration: <http://www.cmsamadisonwi.com/Meeting.html> or copy the URL and paste in your browser to get to the website. Registration is under Meeting Schedule.

Location:

Sheraton Madison Hotel

706 John Nolan Drive

Madison WI 53713

Phone: 1-866-716-8103

Toll free: 1-800-325-3535

<http://www.sheratonmadison.com/>

Directions:

From Beltline (Hwy 12/18), Exit #263 North at John Nolan Drive.

Turn right at entrance to hotel.

CMSA Members are not required to be Certified Case Managers.

Meeting Fees

Madison Chapter CMSA Members—No Charge

Non-members - \$25

Please note you may be required to show your CMSA membership card with W13 Chapter listed for admission to Madison CMSA Programs.

For more information on joining CMSA: <http://www.cmsa.org/Individual/Membership/WhyJoin/tabid/166/Default.aspx>

Message from CMSA Madison Area Chapter President:

“All that we are is the result of what we have thought. The mind is everything. What we think we become.”
~Buddha

Every day we face life’s challenges, in our professional and personal lives. One of the things I do to keep balance is use daily positive affirmations. These are positive statements that describe a desired situation, which are often repeated, until they get impressed on the subconscious mind.

This process pushes the subconscious mind to take action and to strive to make the positive statement come true.

Affirmations work to help us change. I’d like to share with you one method to start creating very personal affirmations.

- Identify your negative self-talk and beliefs.
- Create affirmations out of those beliefs.
- Begin using the new affirmations.

For example:

Negative self-talk: I’ve never done it before.

Positive thinking: It’s an opportunity to learn something new.

According to the web article: <http://tinybuddha.com/blog/how-to-change-your-mind-and-your-life-by-using-affirmations/>; How to Change Your Mind and Your Life by Using Affirmations: By Kate Britt

- When you start reading it, you’ll be able to start saying it.
- When you start saying it, you start hearing it.
- When you start hearing it, you start to believe it.
- When you believe it, things begin to change.

If we can transform negative into positive we will begin to see the transformation with the patient population we engage with, and the people who we collaborate with every day!

Go ahead and give it a try, if you haven’t already and as the author, Kate Britt wrote, see the “magic” gradually unfold!

Linda Crowley, RN, CCM

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Tidbits –

- For 2015 our meals will be served plated by the wait staff and we have to provide the Sheraton with the number of meals needed for the evening.
- If you have registered for a program and find that you cannot attend, please e-mail the website ([info@cmsamadisonwi.com](mailto:info@cmsamadisonwi.com)) at least 2 days in advance so that we can provide the facility with a final count for the attendance. If you have registered for the event it is the Chapter’s

expectation that you will be attending. This is important to help the facility with the planning for the number of meals. If you register for the program and do not attend the Chapter /sponsor is still paying for your meal.

- Do you have ideas or sponsors for meetings? Please share with one of the board members or email us at [info@cmsamadisonwi.com](mailto:info@cmsamadisonwi.com)
- Please consider how you can help keep the CMSA Madison chapter moving forward. Volunteer in 2015!
- CMSA meeting schedule for 2015
  - January 22 – Advance Care Planning
  - February 26 – Living with Congenital Heart Disease
  - March 26 – Stroke Prevention and Management
  - April 23 – Pectus Excavatum: Chest Wall Deformities
  - May 23 - Epilepsy
  - September 24 - TBD
  - October 22 – CMSA National Ambassador Program; Educating case managers about CMSA and case management industry trends- Kathleen Fraser CMSA President
- Meetings are held at the Sheraton Madison Hotel
- The meeting fee for non-members is \$25/program
- CMSA Madison Website – [www.cmsamadisonwi.com](http://www.cmsamadisonwi.com)
- CMSA National Website – [www.cmsa.org](http://www.cmsa.org)

CMSA Madison Board Members:



### **2014 Officers**

Linda Crowley, President  
Jodi Atwell, President Elect  
Tina LaHaise, Treasurer  
Lisa Singletary, Secretary  
Brenda Bartz, Past President

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### **Board of Directors**

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### **Volunteers**

Kathy Shurts  
Pat Senter  
Marlene Roewer

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<http://www.formsite.com/privacy.html>